

University of Florida School of Theater and Dance

DAA 2800 Friday Movement Practice

Spring 2026

Fridays | 10:40am – 12:35pm* Nadine McGuire – Studio G6

Course Information

Instructor of Record

Rujeko Dumbutshena

Email: rdumbutshena@ufl.edu

Office: Constans, Room 231

FMP Office Hours: Fridays 12:30 pm – 1:00 pm

Office Phone: (352) 294-9123

Communication

Do not hesitate to contact me. Communicating with me about your concerns, needs, and absences is key to your success in this class. I prefer emails and will reply to them within 24 hours. **Only your UFL.EDU email account for e-mail correspondence related to class.** I am available during FMP office hours Friday 12:00pm – 12:30pm or by appointment. Please email to schedule a meeting in [Rujeko's Zoom Room](#) outside of my office hours.

Canvas & Zoom

This course is set up on Canvas (e-learning) and may make use of Zoom for virtual meetings as needed. All students must have access to Canvas and Zoom on a regular basis to successfully complete the course. All assignments and out-of-class communication will take place in Canvas. A schedule and timeline for the course can be found on the Canvas calendar. For help with Canvas or Zoom, contact the [UF Computing Help Desk](#) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Dance Headquarters: https://ufl.instructure.com/courses/414947/modules#module_1363582

Course: <https://ufl.instructure.com/courses/528033>

All UF syllabi are subject to change. This syllabus represents current plans and objectives. During the semester, those plans may change, and updates will be communicated through Canvas announcements and in person. Your regular attendance and attention to announcements made on Canvas ensures you will be up to date.

Course Description

Friday Movement Practice is a weekly meeting in which Dance majors gather to dance together, led by a rotating roster of faculty and guest artists. It is one way in which the School of Theatre + Dance seeks to engage students in the experience of a broad range of movement methods and approaches, and to provide opportunities for all students to dance in community. Additionally, an important part of professional development is interacting with working artists in the field. This course is a curricular requirement for students pursuing a BFA Dance ensuring that BFA dance majors are taking a movement practice course five days a week.

Prerequisite: BFA Dance Major; BA Dance Major or Dance Minor with instructor approval

Co-requisite: Enrolled in at least one movement practice class, including Contemporary Ballet Practices (I-IV), Contemporary African and African Diaspora Dance Practices (I-IV), and/or Contemporary Dance Practices (I-IV).

Student Learning Goals

During and upon completion of this course, students will:

- Engage in movement practice on Fridays, which meets NASD's requirements for a BFA degree to offer movement practice classes five days per week.
- Experience a variety of dance styles, compositional approaches, training models, and cultural approaches to dance than is possible to experience in the standard curriculum.
- Interact with visiting artists and teachers as part of one's professional development in the field.

Required Texts

N/A. Any recommended reading and viewing materials will be made available on Canvas as PDFs, through e- reserves, or hyperlinks.

Statement on Syllabi, Materials and Supplies Fees

Syllabi are posted at CFA website under: <http://arts.ufl.edu/syllabi/>. Lab Fees can be located at:

<http://registrar.ufl.edu/soc/201608/all/theadanc.htm>

Course Schedule

Subject to change! Schedule is posted and updated on Canvas page. A draft schedule is below.

Week	Friday	Instructor	Movement Practice
1	1/16	Guest Artist - Shakia Barron	Hip Hop
2	1/23	Anna Carapellotti	Ballet (TBC)
3	1/30	Guest Artist - Andrea Ward	Contemporary
4	2/6	BFA Auditions	BFA Auditions
5	2/13	All Faculty	OPEN CONVERSATION
6	2/20	Onye Ozuzu	Contemporary Afro Fusion
7	2/27	Rujeko Dumbutshena	Zimbabwe Dance
8	3/6	Rachel Tavernier	Dunham Technique
9	3/13	Guest Artist – Emily Cargill	Contemporary; Xan/Alex
10	3/20	SPRING BREAK	SPRING BREAK
11	3/27	Midpoint Presentations	Midpoint Presentations
12	4/3	Augusto Soledade	Afro Brazilian (TBC)
13	4/10	Rebekah & Pattie	Conditioning and wellness
14	4/17	Joan Frosch	Teaching Methods

Grading S/U

Grading is based solely on participation. There are no assignments outside of the class meeting. Excessive unexcused absences will affect the final grade. See the attendance policy below. Students are expected to attend the entirety of each class and participate in physical practice to the best of their ability. Students who are experiencing an injury or other medical reason to not dance on a given week, per directives from a medical professional and/or the Dance Wellness Clinic, may observe and take notes for their daily participation.

Participation

Attendance does not equal participation. Participation involves being present. The goal of class sessions is to challenge and support your development as a dance artist, and to co-create a learning community where individual experiences and voices are respected and supported, and each person is a collaborator in advancing the learning and development of the whole group.

Ways to be present and participate fully include:

- timeliness and preparation for class
- removing potential distractions, such as cell phones and other devices
- active listening; careful, on-point contributions to discussions
- attending to fellow students' work and offering relevant feedback and critical support
- paying attention to the dynamics of the room and responding accordingly.

At the college level, students are expected to take responsibility for behaving in a demeanor corresponding to the professional field. Specific responsibilities are aimed toward deepening individual and collective artistic development.

Participation Rubric

	Exemplary	Proficient	Developing
Embodiment	<p>Student fully participates in movement being taught to the best of their ability, which may include volunteering to show/demonstrate/lead. Displays consistent commitment to practicing in class. Visibly works to implement corrections and feedback from instructors. Asks questions of instructors to refine and/or deepen embodiment of the material.</p>	<p>Student usually participates in movement being taught to the best of their ability. Displays frequent commitment to practicing in class. Sometimes works to implement corrections and feedback from instructors. Infrequently asks questions of instructors to refine and/or deepen embodiment of movements and/or approaches being taught.</p>	<p>Student sometimes participates in movement being taught to the best of their ability. Rarely displays commitment to practicing in class. Does not work to implement corrections and feedback from instructors. Almost never asks questions of instructors to refine and/or deepen embodiment of movements and/or approaches being taught.</p>
Communication	<p>Active contribution to class discussions reflects deep engagement with course material. Demonstrates an ability to listen to themselves and others, with respect for differing opinions, experiences, and approaches. Consistently communicates absences, lateness, any barriers to full engagement, and/or accommodations for class participation in a timely fashion.</p>	<p>Contribution to class discussions reflects engagement with course material. Demonstrates active listening to themselves and others, frequently with respect for differing opinions, experiences, and approaches.</p>	<p>Rarely contributes to class discussions, and/or when contributing, comments/questions reflect a surface- level engagement with course material. Regularly shows signs of not listening (e.g., on phone) and/or occasionally disrespects differing opinions, experiences, and approaches. Infrequently communicates absences,</p>

		Usually communicates absences, lateness, any barriers to full engagement, and/or accommodations for class participation in a timely fashion.	lateness, any barriers to full engagement, and/or accommodations for class participation.
Community Engagement	Consistently contributes to a collaborative, supportive, and respectful environment, including: takes care of the space as outlined in SoTD handbook; commits to individual and shared responsibility for class/group-based work; demonstrates commitment to a collaborative learning environment by expanding one's willingness to work with all classmates versus a select few, as the course progresses.	Usually contributes to a collaborative, supportive, and respectful environment, including some but perhaps not all of the following: takes care of the space as outlined in SoTD handbook; commits to individual and shared responsibility for class/group-based work; demonstrates commitment to a collaborative learning environment by expanding one's willingness to work with all classmates versus a select few, as the course progresses.	In most situations does not work collaboratively, or supportively. May violate rules of using the space as outlined in SoTD Handbook; abdicate responsibility to others for class/group- based work; regularly choose to work with a select few classmates, even as the course progresses.

Policies, Expectations & Resources Expectations:

Student will:

- Maintain a professional working attitude.
- Attend classes regularly, be on time and ready to work for the entire class period.

- Participate in all in class activities, engaging fully both mentally and physically.
- Strive to improve individual progress by demonstrating increased strength, flexibility and
- an increased awareness of body alignment, timing and spatial pathways.
- Observe dance class etiquette (cell phone use, dress code, lateness policy etc...)
- Strive to apply given corrections and concepts to movement.

Dance Area Attendance Policy (Fall 2024)

This course expects students to participate in in-person instruction. Unless other arrangements are made in advance, students are expected to be in attendance daily and to be on time.

For classes that meet 2x/week, students can take 2 absences with no penalty; no documentation is required for the first 2 absences as they are automatically excused. **If the third absence is unexcused, it will result in 5-point deduction from the final grade.** Excused or unexcused, on the third absence, a meeting is required with the instructor and/or area faculty to assess the student's continued participation in the course. If the fourth absence and all subsequent absences are unexcused, each will result in an additional 5-point deduction from the final grade. Opportunities to make up missed material for unexcused absences is up to the instructor's discretion and will be made available on an as-need basis.

Late arrival/ early departure: You are late if you arrive after role has been taken/class has begun.

- There will be a 5-minute grace period at the start and end of class.
- 3 late arrivals/ early departures for regular class meetings equals 1 unexcused absence.

Any absence from class for the following reasons must be supported by official acceptable documentation to avoid a grade penalty:

- Illness (including COVID-19*)—doctor's note must be on official letterhead with address and phone number, noting the date and time of visit and diagnosis verifying that an absence from class is warranted, **doctor name and signature**
- Serious family emergencies
- Special curricular requirements (e.g., judging trips, field trips, professional conferences)
- Military obligation
- Severe weather conditions
- Participation in official university activities such as music performances, athletic competition or debate
- Court-imposed legal obligations (e.g., jury duty or subpoena)
- To help organize accommodations, students should inform the instructor by the end of the second week of classes of religious observances of their faith that will conflict with class attendance this semester.

*If you are experiencing COVID-19 symptoms (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>), please use the UF Health screening system (<https://coronavirus.ufhealth.org/screen-test-protect/covid-19-exposure-and-symptoms-who-do-i-call-if/>) and follow the instructions on whether you are able to attend class. Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work (<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>).

Instructor note: If you are experiencing barriers to in-class attendance, such as lack of transportation, housing insecurity, or other things, please contact me as soon as possible so that we can discuss solutions.

UF Policies

Information about university-wide policies and resources can be found here:

<https://syllabus.ufl.edu/syllabus-policy/uf-syllabus-policy-links/>

Campus Resources for Health and Wellness

Counseling and Wellness Center: <http://www.counseling.ufl.edu/cwc/Default.aspx> or 392-1575 for information on crisis services as well as non-crisis services.

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit U Matter, We Care website to refer or report a concern and a team member will reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website

GatorWell: Mindfulness coaching, HIV testing, bulk condom request, and much more.
<https://gatorwell.ufsa.ufl.edu/>

Additional Mental Health Resources

- UF has an Equal Access Mental Health Clinic that has a Free Therapy Night every Monday night that UF is considered open. Here is the FB page through which one can book appointments as well: <https://www.facebook.com/equalaccessclinic/>

- The UF School of Medicine Equal Access Clinic website is here and has the above mental health services as well as specialized Women's and LGBT medicine:
<https://equalaccess.med.ufl.edu/specialty-clinics-classes/>
- Alachua County Crisis Center web site:
<https://alachuacounty.us/depts/css/crisiscenter/pages/services.aspx> Offers Crisis Counseling as well as a Mobile Response Unit that attends to severe mental health crises.

UF Reporting & Resources: Sexual Harassment, Racism, Microaggressions, and more. See SoTD's processes for reporting incidents in the Student Handbook. UF-wide reporting mechanisms and resources include:

Office for Accessibility and Gender Equity: Resources and instructions for reporting a Title IX violation: <https://titleix.ufl.edu/report/>

Sexual Assault Recovery Services (SARS): Student Health Care Center, 392-1161.

Campus Diversity Liaisons: The Campus Diversity Liaisons (CDLs) are members of the leadership team of each college or business unit. They put the university's IDEA (Inclusion, Diversity, Equity, and Access) strategy into action at the college and unit level. The CDLs are also networked into the Office of the Chief Diversity Officer and they come together to share best practices, brainstorm solutions, and build their competencies in IDEA work.

<https://cdo.ufl.edu/about/campus-diversity-liaisons/>

RESPECT Team: The purpose of the RESPECT Team is to provide impacted parties of bias incidents opportunities to be heard and supported; understand and respond to situations that affect the University of Florida; educate and inform the community; and create awareness of ignorance and intolerance. <https://respect.ufsa.ufl.edu/>

Report through the University Ombuds: <https://www.ombuds.ufl.edu/>

Report a Student Concern: Report incidents or concerning student behavior that is happening in the University of Florida community. Navigate using the buttons below to connect with the appropriate reporting mechanism to share information related to student conduct or concerns.
<https://report.ufl.edu/student-concern/>

UF Resources for Anti-Racism: <https://antiracism.ufl.edu/learn/uf-resources/>

University Police Department: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).

Campus Resources for Academic Support

The Writing Studio: The writing studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Visit the writing studio online at <http://writing.ufl.edu/writing-studio/> or in 2215 Turlington Hall for one-on-one consultations and workshops.

E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

More Academic Resources Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services. Library Support: Various ways to receive assistance with respect to using the libraries or finding resources. Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352-392-6420. General study skills and tutoring.

The Orange Book: Student Honor Code and Student Conduct Code webpage for more information

SPRING 2026 Dance Calendar

January

12	First Day of Classes / Welcome Meeting @ 6:30pm in G6
13	<i>Spring Into Dance</i> Auditions @ 6:30pm-9:30pm in G6
14-19	Shakia Barron Residency
16	Drop/Add Deadline
19	No Classes
20-22	On site visit Assist Prof. Candidate
21	Dance Alive's <i>Swan Lake</i> at UFPA
26	Spring Senior UnShowing 6:30pm in G6 +G10
29	Andrea Ward (Ric Rose Alumni Award) 8:45 am lecture ballet combined & 10:40 am CAADDP 3
30	Andrea Ward Master Class 10:40 am BAs & BFAs 6 pm Ric Rose Alumni Award Presentation (All Majors attending)

February

2	Spring Senior UnshowingTBD
6	BFA Dance Area Auditions
7	Harn SoundMoves TBD
12	Harn Museum Africa Night 6:30pm
13	Open Conversation during FMP, 10:40am-12:10p
6-15	F-Punk Junkies at SoTD
17	Cirque FLIP Fabrique – BLIZZARD, 7:30pm at UFPA
18-22	BFA Senior Concert
21	Dance Alive's <i>Romeo and Juliet</i> , 7:30pm at UFPA
23	DARK DAY – No Dance Major classes all day
	TINA – The Tina Turner Musical, 7:30pm at UFPA
25-Mar 1	ACDA Regional Conference at Brenau University

March

3-6 Rachel Tavernier Dunham Technique Residency
4 @ 12:50: Combine Dance History & Kinesiology
5 @ 10:40: Afro-Brazilian
6 @ 10:40: Friday Movement Practice
10-11 bang bang in the Squiteri Theater, 7:30pm at UFPA
15-22 Spring Break / No Classes
24 Sa Dance Company – RISE, 7:30pm at UFPA

April

3 Midpoint Presentations during FMP, 10:40a-12:35p
9 Harn Museum night with Choreographer-in-Residence project
10 Critical Response Appointments/CRAs, 9:30a-4:30pm IN PERSON (with first-years, year 1 transfers, + sophomores)
16-19 *Spring into Dance*
20 DARK DAY – No Dance major classes all day
 The Music Man, 7:30pm at UFPA
21 CBP + CAADDP Class Culture Sharings (during class periods)
22 Last Day of Classes
 CDP Class Culture Sharing (during class period)
 Final UnShowing (creative classes; BA symposium; research presentations; WIPs; celebrations) @ 6:30pm in G6

DANCE MAJOR REQUIRED EVENTS

- Monday, Jan 12 @ 6:30pm – Welcome Meeting in G6
- Monday, Jan 26 @ 6:30pm – Senior UnShowing in G6 + G10
- Wednesday, Feb 18 – Sunday, Feb 22, various times – BFA Concert in G6
- Friday, Apr 3, 10:40a-12:35p – Dance Area Midpoint Presentations in G6 (dance majors only)
- Friday, Apr 10, 9:30a-4:30p – Critical Response Appointments IN PERSON in G11 + G10 (first year dance majors, first year transfer dance majors, and sophomore dance majors)
- Thursday, Apr 16 – Sunday, Apr 19, various times – *Spring into Dance* in the Black Box
- Wednesday, Apr 22 @ 6:30pm – Final UnShowing in G6

RECOMMENDED FOR DANCE MAJOR CLASSES

(Including Dance Major required events above; events that are directly connected to dance performance somehow and/or SoTD)

- Tuesday, Jan 13 @ 6:30pm – *Spring into Dance* Auditions in G6
- Wednesday, Jan 21 @ 7:30pm – Dance Alive's *Swan Lake* at UFPA
- Friday, Jan 30 @ 10:40a – Master Class with Ric Rose Alumni Awardee, Andrea Ward in G6
- Friday, Feb 6 – Sunday, Feb 15, various times – *F-Punk Junkies* at SoTD
- Saturday, Feb 7 (time TBD) – *SoundMoves* at the Harn Museum
- Thursday, Feb 12 @ 6pm – *Africa Night* at the Harn Museum
- Tuesday, Feb 17 @ 7:30pm – Cirque FLIP Fabrique's *Blizzard* at UFPA

- Saturday, Feb 21 @ 7:30pm – Dance Alive's *Romeo and Juliet* at UFPA
- Friday March 6 @ 10:40am – Master Class with Master Dunham Technique Instructor, Rachel Tavernier in G6
- Tuesday, Mar 10 – Wednesday, Mar 11 @ 7:30pm – bang bang at UFPA
- Tuesday, Mar 24 @ 7:30pm – Sa Dance Company's *R/ISE* at UFPA
- Thursday, Apr 9 @ 6pm – Harn Museum Night with Choreographers-in-Residence
- Monday, Apr 20 @ 7:30pm – *The Music Man* at UFPA